



# 40 DAYS OF PRAYER

LENT 2026

And this is the confidence that we have toward him, that if we ask anything according to his will, he hears us.

1 John 5:14



PRINCE of PEACE  
LUTHERAN CHURCH AND PRESCHOOL

IGLESIA LUTERANA  
PRÍNCIPE de PAZ



## RENEWING a RELEVANT and SUSTAINABLE VISION

### ***The Heart, the Hands, and the Feet in the Heart of Orlando***

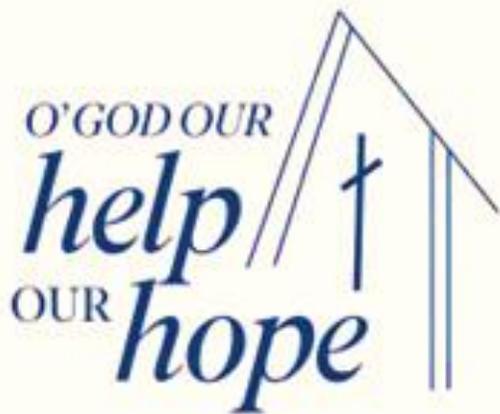
#### THE PURPOSE OF THE 40 DAYS OF PRAYER

Seeking God's guidance with prayer Prince of Peace - Principe de Paz Lutheran Church will be faithful to His calling to be a Christ-centered, multicultural church inspired by the Holy Spirit through Word and Sacrament to engage the community with God's grace and love.

#### LENTEN WORSHIP SCHEDULE

- ❖ Ash Wednesday, February 18, 2026
- ❖ Midweek Wednesday Lent Worship Wednesdays in Lent
- ❖ Holy Week Services
  - Palm Sunday, March 29
  - Maundy Thursday, April 2
  - Good Friday, April 3
  - Easter Sunday, April 5





## REFLECTION ON THE THEME

“O God, Our Help in Ages Past” stands as one of the most enduring hymns of the English-speaking world, a majestic paraphrase of Psalm 90 written by Isaac Watts in 1719. Known as the “father of English hymnody,” Watts revolutionized the way Christians sang by transforming Scripture into metrical verse that was not only faithful to biblical meaning but also expressive of deep personal devotion. In Spanish hymnody it’s commonly titled “Nuestra esperanza y protección.” This translation has been published in

Spanish hymnals and used in worship, and is credited to the translator Federico Pagura. This hymn is based directly on Psalm 90, a psalm of Moses that reflects on God’s eternal nature in contrast to the frailty and fleeting existence of humanity. Watts’s paraphrase captures the Psalm’s theological weight, especially the themes of divine sovereignty, human mortality, and the constancy of God’s protection through generations. Originally published in *The Psalms of David Imitated in the Language of the New Testament*, this hymn was part of Watts’s broader effort to Christianize the psalms for use in public worship, focusing on universal truths with New Testament insights.

## WHY PRAY

Prayer is talking to God. The God to whom we pray is the all-powerful Creator, all knowing and exists in the eternal dimension. He hears all prayers. He is able to intervene in our lives. He is a loving Father, so He cares about our needs and concerns. And He is the all-knowing Lord of the universe, so trustworthy to say “yes” when it is best and “no” when what we request would cause more harm than good. (Continued)

There are many kinds of prayers: public prayers, private prayers, memorized prayers, spontaneous prayers, spoken prayers, silent prayers, written prayers, sung prayers, and many more. All of them put words into four basic ideas.

Thanksgiving – Someone said a sad day for an atheist is when he feels deeply grateful but has no one to thank! Christians know that God is the source of all of life’s blessings. So, we use prayer to say “Thanks!” for what we receive. Since it is impossible to be truly thankful and discontent at the same moment, such prayers lift our spirits by reminding us that, “Every good and perfect gift is from above, coming down from the Father of the heavenly lights.” (James 1:17)

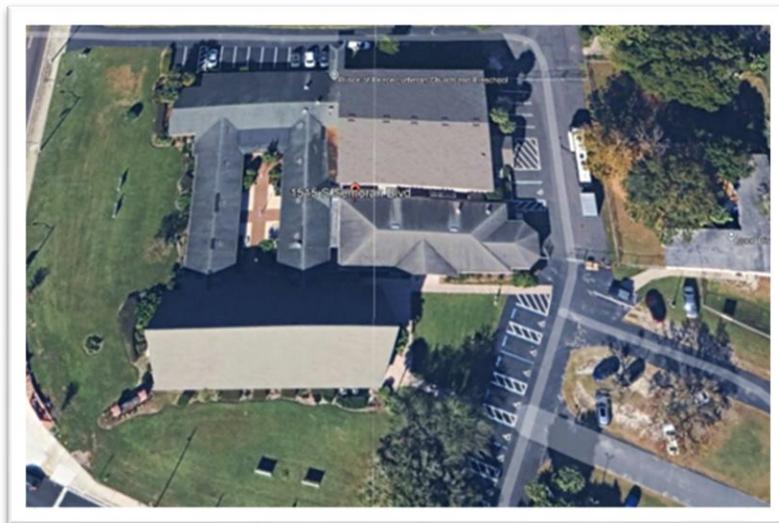
Confession – We all mess up. Deep down, we know it. That’s why we feel sorry when we’ve done something wrong or failed to do what is right. Confession is the act of admitting our guilt, regrets, and confusion to the One who wants to help us make it right or move on. We join the rest of the human race in saying “God, have mercy on me, a sinner.” (Luke 18:13) And He will.

Requests – “God, help me!” is a very basic version of the third category of prayer. We need, so we ask. Be it provision, intervention, protection, or any of a million other requests, we believe God can do or provide something we can’t. In the process, we take seriously the words of scripture, “You do not have, because you do not ask God.” Of course, we can make misguided requests. That’s why the scriptures add a caution. “When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures.” (James 4:2-3) God is not a genie granting wishes, but a Father who takes seriously the sincere requests of His children.

Worship – Prayer is also one of the ways we worship God. To “worship” means to “ascribe worth.” In other words, we give credit where credit is due. If the history of humanity tells us anything it is that we are hard-wired to worship someone or something – be it an idol made of stone or a celebrity “idol” with a million social media followers. Worship keeps us sane because it reminds us of the fundamental reality of the universe: that there is only one God, and we are not Him.

#### SUGGESTIONS FOR THE 40 DAYS OF PRAYER

- Set an alarm for 4:00 p.m. daily as a reminder to stop and pray.
- Schedule a regular time for prayer with a friend or family member.
- Make a daily prayer journal.



Prince of Peace - Principe de Paz Church is praying because we depend on God to renew our love for all and show us the way forward for a sustainable and relevant mission.

## WEEK ONE – FEBRUARY 18-24, 2026

O God, our help in ages past,  
Our hope for years to come,  
Our shelter from the stormy blast,  
And our eternal home.

**Word:** Psalm 90: 1-2

Lord, you have been our dwelling place throughout all generations. Before the mountains were born or you brought forth the whole world, from everlasting to everlasting you are God.

**Reflection:**

Living in Florida, we are all too familiar with the stormy blast. When Hurricane Irma came through central Florida, we chose to stay with our daughter until the storm passed. Our own home is a wood A-frame, while hers is a sturdy concrete block house built into the side of a hill. It proved to be a wise decision — Irma tore the roof off our house. But in the midst of the danger, we had a safe place to ride out the storm.

Of course, not all storms are made of wind and rain. We face emotional storms, physical storms, relational conflicts, and financial pressures. Each of us has weathered seasons when life felt unsteady and the future uncertain. In those moments, where do we find shelter? Moses reminds us in Psalm 90 that God has been our dwelling place throughout all generations. What a comfort to know that our faithful Lord is not distant but present — steady when everything around us shakes. Even as the storms rage, we are held by the One who invites us to make our home in Him, just as He graciously makes His home in us.

**Payer:**

What words of praise do you have for the Lord God who has sheltered you?

Please pray for our Senior Pastor, Ken Green.



## DAILY PRAYER PROCESS

1. Read the passage and think of a specific application to your life today.
2. Read the passage once more and pray with -Praise to God, -Contrition in your heart, and Requests for yourself and others.
3. Pray for Prince of Peace - Principe de Paz Church asking God to empower us for His mission.

DATE	REFERENCE	REFLECT AND PRAY -WORD FOR THE DAY
February 18 Ash Wednesday	Psalm 103: 13- 14	As a father shows compassion to his children, so the Lord shows compassion to those who fear him. For he knows our frame; he remembers that we are dust.
February 19	1 Timothy 2:1	First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people.
February 20	Acts 1:14	All these with one accord were devoting themselves to prayer, together with the women and Mary the mother of Jesus, and his brothers.
February 21	Jeremiah 33:3	“Call to me and I will answer you and will tell you great and hidden things that you have not known.”
February 22	<i>SUNDAY WORSHIP</i>	
February 23	Romans 12:2	Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.
February 24	Romans 12:12	Be joyful in hope, patient in affliction, faithful in prayer.



## WEEK TWO – FEBRUARY 25 - MARCH 3, 2026

Under the shadow of Thy throne  
Thy saints have dwelt secure;  
Sufficient is Thine arm alone,  
And our defense is sure.

**Word:** Romans 8:26

Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words.

**Reflection:**

Perhaps the deepest and more earnest prayers cannot be put into words. The Spirit of God living in us, enables us to still communicate the longings of our souls. What a wonderful comfort to know that our Father, God hears our greatest joys and our saddest moments without articulating them. And because of Christ Jesus, the Father takes action to help us.

**Prayer:**

How are you feeling today? Try not to explain it. Just experience it. Perhaps your body is feeling something that you can't describe. God knows and understands you completely.

Please pray for Adolfo Borges, Associate Pastor



## DAILY PRAYER PROCESS

1. Read the passage and think of a specific application to your life today.
2. Read the passage once more and pray with -Praise to God, -Contrition in your heart, and - Requests for yourself and others.
3. Pray for Prince of Peace - Principe de Paz asking God to empower us for His mission.

DATE	REFERENCE	REFLECT AND PRAY - WORD FOR THE DAY
Wednesday February 25	Psalms 145:18	"The LORD is near to all who call on him, to all who call on him in truth."
February 26	1 Peter 5:6-7	Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you.
February 27	1 John 5:14-15	And this is the confidence that we have toward him, that if we ask anything according to his will, he hears us. And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked him.
February 28	Psalms 33:20-22	We wait in hope for the LORD; he is our help and our shield. In him our hearts rejoice, for we trust in his holy name. May your unfailing love be with us, LORD, even as we put our hope in you.
March 1	<i>SUNDAY WORSHIP</i>	
March 2	Psalms 27:14	Wait for the LORD; be strong and take heart and wait for the LORD.
March 3	Romans 5:8	But God shows his love for us in that while we were still sinners, Christ died for us.



## WEEK THREE – MARCH 4-10, 2026

Before the hills in order stood,  
Or earth received her frame,  
From everlasting Thou art God,  
To endless years the same.

**Word:** Psalm 46: 8-11

Come and see what the Lord has done, the desolations he has brought on the earth. He makes wars cease to the ends of the earth. He breaks the bow and shatters the spear; he burns the shields with fire. He says, “Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.” The Lord Almighty is with us; the God of Jacob is our fortress.

### **Reflection:**

Have you ever tried to keep a toddler still? When I sat with my four-year-old granddaughter in church, I often held onto the delusion that stillness was possible. If “constant motion” isn’t the definition of a toddler, it’s certainly close. Yet every so often—when she was nestled in my arms or we were reading a book together—she became still. In those rare moments, I felt a quiet and profound human connection with her.

God says, “Be still, and know that I am God” (Psalm 46:10). I imagine my Heavenly Father views me much like that restless toddler—thrashing about in my willful, forgetful, self-absorbed, and controlling nature (and the list could go on). Yet His invitation remains: “Be still.”



From time to time, I manage to slow down, quiet my mind, and rest in the Lord. In those moments of stillness and childlike wonder, I sense that I am being held by my Father, and as I read His book, I delight in the relationship He has given me by grace through Jesus. My prayer is that you, too, will hear your Father’s invitation—and make time to be still.

**Prayer:** Who do you want to thank God for today? Who especially needs your prayers? Please pray for Anne Dobbins, Preschool Director

## DAILY PRAYER PROCESS

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2. Read the passage once more and pray with -Praise to God, -Contrition in your heart, and - Requests for yourself and others.
3. Pray for Prince of Peace - Principe de Paz asking God to empower us for His mission.

DATE	REFERENCE	REFLECT AND PRAY - WORD FOR THE DAY
Wednesday March 4	Philippians 3:10-11	I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death, and so, somehow, attaining to the resurrection from the dead.
March 5	Hebrews 4:16	“Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.”
March 6	Psalms 46:10	He says, “Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.”
March 7	Micah 7:7	But as for me, I watch in hope for the LORD, I wait for God my Savior; my God will hear me.
March 8	<i>SUNDAY WORSHIP</i>	
March 9	James 5:16	Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.
March 10	Philippians 4:6-7	“Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.”



## WEEK 4 - MARCH 11 - 17, 2026

A thousand ages in Thy sight  
Are like an evening gone;  
Short as the watch that ends the night  
Before the rising sun.

**Word:** Psalm 90:4 and 2 Peter 3:8

“A thousand years in your sight are like a day that has just gone by, or like a watch in the night.”

“But do not forget this one thing, dear friends: With the Lord a day is like a thousand years, and a thousand years are like a day.”

### **Reflection:**

Who can truly comprehend God’s eternal dimension? As I live out the span of my earthly life and move through my small corner of the world, it’s hard to imagine dwelling with the God who has “established His throne in the heavens” (Psalm 103:19). The timelessness of eternity is beyond anything I can grasp.

Yet our Lord Jesus helps us remember we are eternal beings even now. The eternal Son stepped into time. He lived here—from Bethlehem to Calvary. If Christ, the Alpha and the Omega, the eternal “God with us,” chose to have birthdays and to leave footprints, then perhaps we, too, can learn to live in this moment and this place.

We do not need to dwell on the past in shame or regret; Jesus has forgiven our disobedience. We do not need to fear the future; He has promised to be with us in every unfolding moment. Eternity is already breaking into our present through Him. So today, rest in this truth: the God who transcends time walks with you in *your* time. Trust Him with what has been, lean on Him for what will be, and invite Him into what is happening right now. In the presence of Jesus, every moment—no matter how ordinary—becomes a small glimpse of eternity.

### **Prayer:**

Pray for the faith to let go of past sins trusting in the Lord’s forgiveness. Please Pray for David Ludwig Jr, Director of Worship and Music.



## DAILY PRAYER PROCESS

1. Read the passage and think of a specific application to your life today.
2. Read the passage once more and pray with -Praise to God, -Contrition in your heart, and - Requests for yourself and others.
3. Pray for Prince of Peace - Principe de Paz asking God to empower us for His mission.

DATE	REFERENCE	REFLECT AND PRAY - WORD FOR THE DAY
Wednesday March 11	Psalms 25:4	Show me your ways, LORD, teach me your paths.
March 12	John 12:3-5,7	Then Mary took about a pint of pure nard, an expensive perfume; she poured it on Jesus' feet and wiped his feet with her hair. And the house was filled with the fragrance of the perfume. But one of his disciples, Judas Iscariot, who was later to betray him, objected, "Why wasn't this perfume sold, and the money given to the poor? It was worth a year's wages." "Leave her alone," Jesus replied. "It was intended that she should save this perfume for the day of my burial."
March 13	Ephesians 6:10	Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil.
March 14		
March 15	<i>SUNDAY WORSHIP</i>	
March 16	Jeremiah 29:11	For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future.
March 17	Mark 12 46-47	I have come into the world as a light, so that no one who believes in me should stay in darkness. "If anyone hears my words but does not keep them, I do not judge that person. For I did not come to judge the world, but to save the world."
EXTRA	Psalms 91:1-2	Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust."



## WEEK FIVE – MARCH 18- 24, 2026

Time, like an ever-rolling stream,  
Bears all its sons away;  
They fly, forgotten, as a dream  
Dies at the op'ning day

**Word:** Isaiah 53:7

He was oppressed and He was afflicted, Yet He opened not His mouth; He was led as a lamb to the slaughter, and as a sheep before its shearers is silent, So He opened not His mouth.

**Reflection:**

How do we describe the Lamb of God? He is the Son of God, the Word made flesh, the King of Kings and Lord of Lords, the Alpha and Omega and the list of names goes on. . . Isaiah was inspired to tell the profound irony of our Savior suffering in silence. What would He say? What could He say to explain the eternal plan to rescue us from sin, death and all that is evil? What human could comprehend the profoundness of His love for us.

**Prayer:**



What is on your heart today? Who are you worried about? Bring your thoughts to the Lamb who knows your suffering and celebrates your joy.

Also, pray for our Deaconess, Ligia Morales.

### DAILY PRAYER PROCESS

1. Read the passage and think of a specific application to your life today.
2. Read the passage once more and pray with -Praise to God, -Contrition in your heart, and - Requests for yourself and others.
3. Pray for Prince of Peace - Principe de Paz asking God to empower us for His mission.

DATE	REFERENCE	REFLECT AND PRAY - WORD FOR THE DAY
Wednesday March 18	Matthew 6:11	But seek first his kingdom and his righteousness, and all these things will be given to you as well.
March 19	Isaiah 58:6-7a	“Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? Is it not to share your food with the hungry and to provide the poor wanderer with shelter.”
March 20	Galatians 6:7.	Do not be fooled: God cannot be mocked. A man reaps what he sows.
March 21	Isaiah 53:7	He was oppressed and He was afflicted, Yet He opened not His mouth; He was led as a lamb to the slaughter, and as a sheep before its shearers is silent, So He opened not His mouth.
March 22	<i>SUNDAY WORSHIP</i>	
March 23	Ephesians 3:14-19	For this reason I bow my knees before the Father, from whom every family in heaven and on earth is named, that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth,
March 24	Psalms 91: 14-15	“Because he loves me,” says the LORD, “I will rescue him; I will protect him, for he acknowledges my name. He will call on me, and I will answer him; I will be with him in trouble, I will deliver him and honor him. With long life I will satisfy him and show him my salvation.”



## WEEK SIX – MARCH 25-28, 2026

O God, our help in ages past,  
Our hope for years to come,  
Be Thou our guard while troubles last,  
And our eternal home.

**Word:** 1 Corinthians 15:20-22

But Christ has indeed been raised from the dead, the first fruits of those who have fallen asleep. For since death came through a man, the resurrection of the dead comes also through a man. For as in Adam all die, so in Christ all will be made alive.

**Reflection:**

Think of a dear friend or relative who died in the faith. What do you remember most about them?

Now imagine your homecoming. In a moment, in the twinkling of an eye, you are in the throne room of the Lamb. You are singing - Oh, Yes! The blessing and glory and wisdom and thanksgiving, The honor and power and strength, To our God forever and ever and ever! Oh, Yes!

You are one in the huge crowd, yet you don't feel crowded. Everyone is looking toward the glorious light of the Lamb. Then you notice your dear friend and they look at you with a smile that explains and forgives everything about your relationship. And they turn with you and look to the Lamb. You are overwhelmed with the knowledge that you are now in God's family with people of all nations and tribes because of the Lamb of God.



We can take great comfort in knowing that when we participate in Holy Communion, we are communing with all the Saints in Heaven. All those who go before us are present in the great Thanksgiving meal even as we taste and see the Lord is good.

**Prayer:**

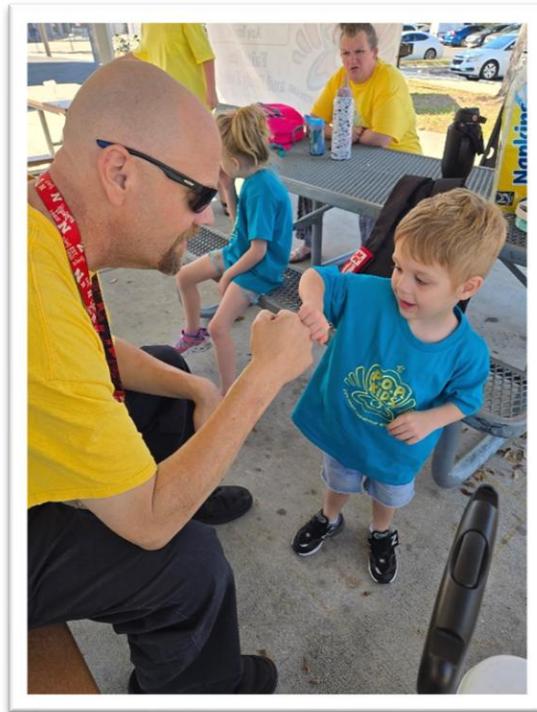
Praise God remembering your loved ones who are now with Christ with all the saints in glory.

Please pray for Eric Gerken, Director of Youth and Family Ministry.

## DAILY PRAYER PROCESS

1. Read the passage and think of a specific application to your life today.
2. Read the passage once more and pray with -Praise to God, -Contrition in your heart, and - Requests for yourself and others.
3. Pray for Prince of Peace - Principe de Paz asking God to empower us for His mission.

DATE	REFERENCE	REFLECT AND PRAY - WORD FOR THE DAY
Wednesday March 25	1 Peter 1:18-19	knowing that you were not redeemed with corruptible things, like silver or gold, from your aimless conduct received by tradition from your fathers, but with the precious blood of Christ, as of a lamb without blemish and without spot.
March 26	Zephaniah 3:17	The LORD your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you but will rejoice over you with singing.
March 27	John 12:35	Then Jesus told them, "You are going to have the light just a little while longer. Walk while you have the light, before darkness overtakes you. Whoever walks in the dark does not know where they are going.
March 28	Isaiah 40:8	But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.



## WEEK SEVEN – MARCH 29 - APRIL 5, 2026

### Word:

"Now if we died with Christ, we believe that we will also live with him. For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him." Romans 6:8-11

### Reflection:

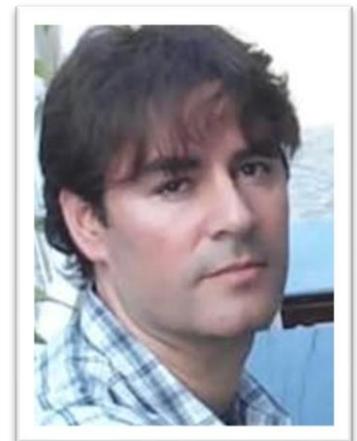
"I know that my Redeemer lives. What comfort this sweet sentence gives." The hymns of Easter bring celebrations of intense joy. Christ's resurrection is the quintessential event of the Bible and the foundation of our faith. Death is no longer the final chapter of our life. Because of the resurrection, we do not die alone passing into the unknown, we die with Christ to be alive with Him forever. Christ is risen. He is risen INDEED!

### Prayer:

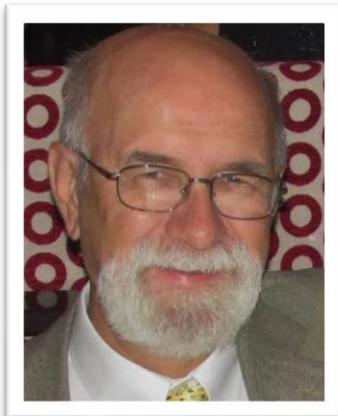
As you celebrate another Easter, what are your thoughts of praise and thanks to the risen Christ Jesus?

Please pray for all who are preparing and leading our Easter worship celebrations. The preacher, the musicians, the choirs, the readers, the ushers, the greeters, those who print the bulletin and those who prepare the coffee and refreshments. Pray for all those who will worship with you.

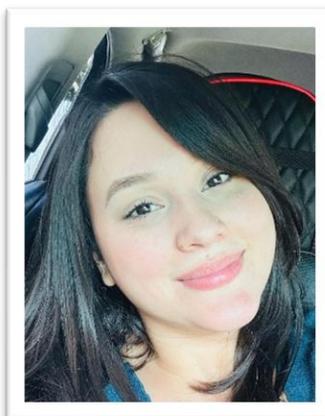
Pray for our support staff including Jim, Adriana, Jeanette and Andres.



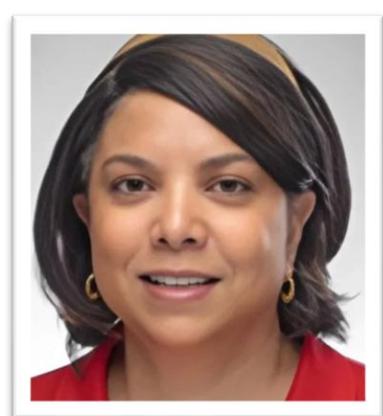
Andres Soler  
Music Director Spanish  
Worship



Jim Essig  
Assistant to the  
Pastors



Adriana Alas  
Administrative  
Assistant and  
Communications



Jeanette Gabay  
Finance Director

## WEEKLY PRAYER PROCESS

Read the passage and think of a specific application to your life today.

Read the passage once more and pray with -Praise to God, -Contrition in your heart, and - Requests for yourself and others.

Pray for Prince of Peace - Principe de Paz asking God to empower us for His mission.

DATE	REFERENCE	WORD FOR THE DAY
Palm Sunday March 29	Revelation 7:9-12	I looked again. I saw a huge crowd, too huge to count. Everyone was there—all nations and tribes, all races and languages. And they were standing, dressed in white robes and waving palm branches, standing before the Throne and the Lamb and heartily singing Salvation to our God on his Throne! Salvation to the Lamb!
March 30	John 3:16	“For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.”
March 31	1 Thessalonians 5:17	Pray without ceasing,
April 1	Galatians 2:21	I do not nullify the grace of God, for if righteousness were through the law, then Christ died for no purpose.
Maundy Thursday April 2	1 Corinthians 10:16-17	The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread.
Good Friday April 3	Galatians 2:20	I have been crucified with Christ and I no longer live, but Christ lives in me.
April 4	2 Corinthians 5:21	For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.
EASTER SUNDAY April 5	John 11:23-27	Jesus said to her, “Your brother will rise again. Martha answered, “I know he will rise again in the resurrection at the last day.” Jesus said to her, “I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die. Do you believe this?” “Yes, Lord,” she replied, “I believe that you are the Messiah, the Son of God, who is to come into the world.”

**Prince of Peace - Principe de Paz Church**  
**1515 South Semoran Blvd.**  
**Orlando Florida 32827**

POSTAGE

